



RECIPES

SIMPLY BRILLIANT PESTO

2 cups fresh basil

$\frac{3}{4}$ cup Parmesan cheese, grated

$\frac{3}{4}$ cup extra-virgin olive oil

3 garlic cloves

$\frac{1}{4}$ cup **Fisher Chef's Naturals Pine Nuts**

Salt and pepper to taste

Place everything into a blender. Blend until thoroughly combined, but not completely smooth.

Yield: 1 $\frac{1}{4}$ cup

Nutrition information per serving (1 cup): 1634 Calories, 166.1g Total Fat, 29.7g Saturated Fat, 0.0g Trans Fat, 52mg Cholesterol, 927mg Sodium, 14.4g Carbohydrate, 6.5g Dietary Fiber, 2g Sugars, 30.7g Protein.