

**8.5 oz (241g)
Roasted & Salted
Pecans**

Nutrition Facts	
Serving Size 1 oz. (28g/about 1/4 cup)	
Servings Per Container about 9	
Amount Per Serving	
Calories 200	Calories from Fat 190
% Daily Value*	
Total Fat 21g	32%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 4g	1%
Dietary Fiber 3g	12%
Sugars 1g	
Protein 3g	
Vitamin A 0% • Vitamin C 0%	
Calcium 2% • Iron 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

**INGREDIENTS: PECANS,
VEGETABLE OIL (PEANUT,
COTTONSEED, SOYBEAN AND/OR
SUNFLOWER SEED), SALT.**

**ALLERGEN INFORMATION: MAY
CONTAIN PEANUTS AND/OR
OTHER TREE NUTS.**

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**CONTAINS PECANS FROM U.S.A.,
MEXICO.**