

# Roasted Salted Peanuts

<b>NUTRIENT</b>	<b>AMOUNT PER 100g</b>
<b>Basic Components</b>	
Calories	585.45
Calories from Fat	450.00
Protein	22.97 g
Carbohydrates	20.86 g
Dietary Fiber	7.76 g
Sugar – Total	4.46 g
Fat – Total	50.17 g
Saturated Fat	6.97 g
Trans Fatty Acids	0.50 g
Cholesterol	0 mg
Water	1.51 g
Ash	4.49 g
<b>Vitamins</b>	
Vitamin A IU	0 IU
Vitamin C	0 mg
<b>Minerals</b>	
Calcium	52.62 mg
Iron	2.20 mg
Sodium	393.40 mg