

Dry Roasted Seasoned Peanuts

NUTRIENT	AMOUNT PER 100g
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Basic Components

Calories	566.11
Calories from Fat	417.86
Protein	22.87 g
Carbohydrates	23.30 g
Dietary Fiber	7.56 g
Sugar – Total	5.95 g
Fat – Total	46.87 g
Saturated Fat	6.51 g
Trans Fatty Acids	0 g
Cholesterol	0 mg
Water	1.65 g
Ash	5.31 g

Vitamins

Vitamin A IU	0 IU
Vitamin C	0 mg

Minerals

Calcium	51.39 mg
Iron	2.14 mg
Sodium	762.26 mg