



# Cashews

## Grades & Sizes

**240 COUNT  
FANCY**



RAW 53135  
R/S 91000

**320 COUNT  
FANCY**



RAW 53145  
R/S 91030  
R/NS 91035

**450 COUNT  
FANCY**



RAW 53150

**FANCY HALVES  
& PIECES**



RAW 91048  
R/S 91050  
R/NS 91049

**FANCY SPLITS**



RAW 53000  
R/S 96152  
R/NS 91066

**FANCY BUTTS**



RAW 53020

**FANCY LARGE  
PIECES**



RAW 53055  
R/S 91060  
R/NS 91061

**FANCY SMALL  
PIECES**



RAW 91042  
R/S 91055  
R/NS 91056

**SCORCHED  
WHOLE  
(APPROX. 320 SIZE)**



RAW 53125  
R/NS 91041

**SCORCHED PIECES**



LARGE 53045  
SMALL 53085

**Cashews  
Nutritional  
Content  
(in 100 grams)**

Calories .....	566.0
Protein .....	18.22g
Carbohydrates .....	27.13g
Sugars .....	5.91g
Dietary Fiber .....	3.3g
Fat – Total .....	46.92g
Saturated Fat .....	8.33g
Trans Fat .....	0.0g
Cholesterol .....	0.0mg
Water .....	5.2g
Vitamin A IU .....	0.0IU
Vitamin C .....	0.5mg
Calcium .....	37.0mg
Iron .....	6.68mg
Sodium .....	12.0mg